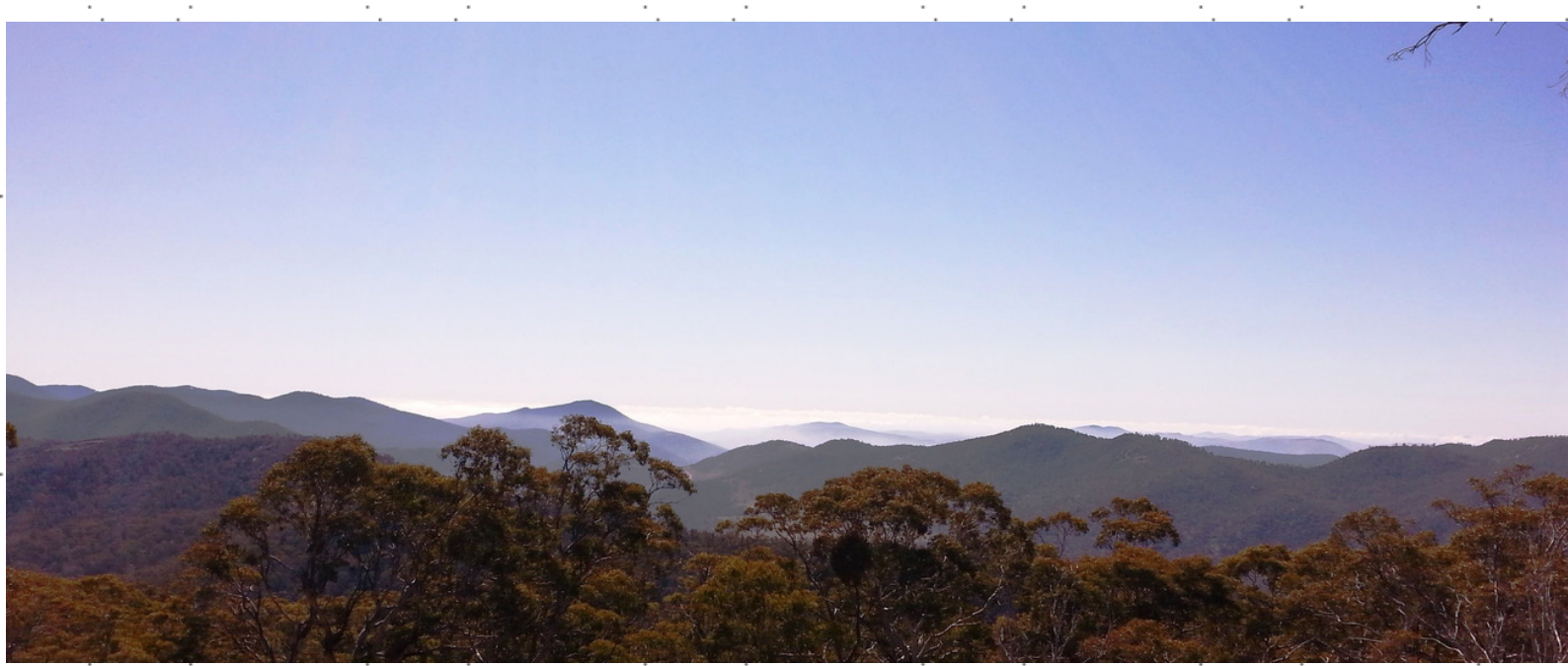


# BRINDABELLA BUSHWALKING CLUB NEWSLETTER



## This 'n' That

### *President's Pontifications*

Winter is finally upon us and we are enjoying some good walking weather. The early snowfalls were great and, although it is forecast to be a mild winter, there should be plenty more to come.

23 of our members are about to start on the walks in the Tatra Mountains of Slovenia and Poland - lucky things! We also have a number who are about to head off on their customary winter migration. I look forward to hearing their tales and hopefully getting some reports and photos to publish.

By now you should have received the Walks and Social Program for the July to December period. For various reasons, some of you will have received it a couple of times; I hope this isn't an inconvenience. If you ever misplace it, there is a copy at the Members Area of the website.

We have also added information in the members Area on how the committee calculates the fuel sharing cost.

You will note from the program that the AGM will be held earlier this year - on **Tuesday 30 July**. The main advantage of this is that membership renewals will be spread over two months instead of just two weeks, as happened last year. This reduces the pressure on our Membership Secretary and Treasurer.

I'll see you on the track somewhere; or perhaps off it!

Peter Dalton

#### Contents



#### This 'n' That

#### 3 Capes Walk

#### BBC Trip to Bright

#### Great Ocean Rd Walk for Diabetes

#### Contributing Articles

## BBC Facebook Page

Visit the Facebook page to see photos, walk reports and information about upcoming activities. It is at <https://www.facebook.com/BrindabellaBushwalkingClub/> You can set your Facebook page to receive notifications every time there is a new post.

# The Three Capes Walk – Tasmania

*A walk undertaken at the end of May 2019 by David Wardle and Prue Deacon*

This walk is certainly worth adding to your bucket list. The Tasmania Parks and Wildlife Service have created a four day three night walk around the Tasman Peninsular starting off from Port Arthur. Three very comfortable huts have been built along the track with four person bunk-rooms and large warm kitchen and eating areas. Check out the Three Capes website at: <https://www.threecapestrack.com.au/index.html> for costs, availability and other details.



The trip starts off by boat with an introduction to the Peninsular from the waterside. A short 4km walk to the first hut at Surveyor's Cove and a chance to find your way around the accommodation, get allocated a bed, check out the kitchen and, importantly, the longish walk to the toilets. All of the huts operate in a similar way so once you have worked out the first one you've got them all sorted. At this time of year with shorter days we relied on our head torches a lot around the huts so remember a spare set of batteries – we needed them.

Tasmania does do weather rather well and we had rain, hail and winds, and often all at once. Be prepared with your wet weather gear and suitable layers of clothes, you could need the lot and the driving rain is not always pleasant. A warm sleeping bag is important as even though the huts are well insulated there is no power where you will be sleeping so you'll need to keep warm. We carried dehydrated meals including soups and the usual breakfast and bushwalking lunches and snacks. In good BBC tradition we carried our thermoses and noted the envy of others as they walked past without the prospect of a hot drink.



Looking across to Tasman Island

## The Three Capes Walk – Tasmania

[continued]

The tracks you'll be walking on are well maintained and move in and out of forests, along cliff tops and across button grass plains. And there are steps – stone ones, wooden ones and metal ones, lots of steps, but they do get you to absolutely amazing views - pillars of rock, inlets, coves and islands and potentially even whales. It is the Three Capes walk and you'll be walking on two of the capes and usually in view of the third. Tasman Island with its prominent lighthouse dominates day two with the wonder of how the light keepers and their families were hauled up the almost vertical cliff faces to their homes on top of the island.

While the spectacular coastal views are what most people will remember with the heath and the wildflowers, the sections through the ancient beech forests with mosses and lichens in abundance were so beautiful. While from September to April will most likely be the best weather, you could also be in company of 48 others which is the maximum number allowed on the track each day, however the rest of the year the track is still open and you could potentially almost be on your own. For your information I carried a pack weighing 13 kilos and Prue carried 11 kilos and that was everything that we needed. There are some sections of the track where you can leave your full pack and just rely on a day pack.



Starting off on Day One

The Three Capes Walk – Tasmania  
[continued]

Heading down to Fortescue Bay



Munro Accommodation



Tasmanian Pink (Mountain) Berry

# BBC Trip to Bright

*Article by Leigh Hermann and photos by participants*

On Monday 6th May a group of 16 BBC members assembled at Bright Riverside Holiday Park for a week in Victoria's High Country. Bright is central to a superb range of walking opportunities, in both the Mount Buffalo National Park to the west and the Alpine National Park to the east. There was much to look forward to.

However, leader Peter Wellman was beset by challenges. Not only was most of the Alpine NP closed for a planned deer cull, the weather forecast was bad and his cottage didn't have the expected stove/oven (putting Mary's dinner arrangements in disarray). Plans would need to be flexible.



Tuesday was spent on Mt Buffalo. With a brilliantly clear morning, the short walk to The Horn (highest point at 1723m) gave stupendous 360° views. We then did the Back Wall track from Cresta Valley, crossing alpine grasslands and forest to a grand rocky outlook west which unfortunately by the time we arrived was shrouded in cloud. Our day was complete enjoying Peter's Armenian cake on the steps of the historic but now closed Mount Buffalo Chalet



By Wednesday morning the 'weather' had arrived, and to be safe we stayed low. From Bright we took the Bennetts and Wandilong trails along Morses Creek to Wandiligong, 6 km away. While 3 of us then returned to Bright to collect cars, the rest explored the Diggings area to find remnants of and memorials to Chinese gold mining activities. Our damp day finished with coffee at Wandiligong's 'Maze'; four of us even enjoyed the challenge of navigating this dark, gloomy and little bit scary cypress maze.



Chinese Bridge Wandiligong - Leigh

For Thursday high winds and an expected 4°C meant no trip to Dinner Plain, but instead a walk in Beechworth's Historic Park. After lunch at the Cascades – a most interesting granite formation - David and Prue then took us to Mayday Hills, a decommissioned lunatic asylum first established in 1867, to walk in its extensive park of magnificent trees. Again the day finished with coffee – this time at Billson's Brewery – a historic beer and cordial manufacturer.



Wallace's Hut - Lyn

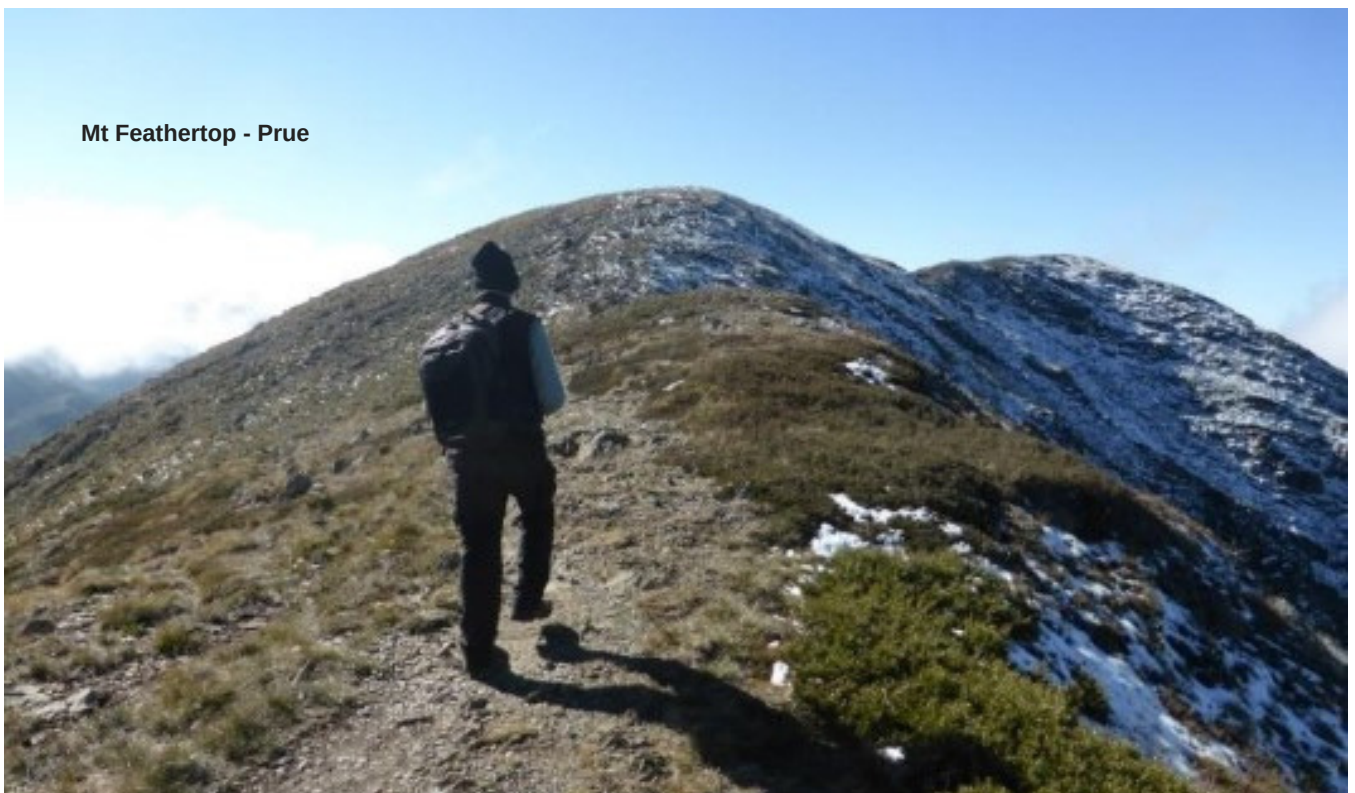
Expected to be very wet, Friday was declared a free day. Morning tea with the Pickerings (also in town), the movies, and local walks (the Apex Lookout, Canyon and Cherry walks) were on the agenda.

Better weather and a reprieve from the deer cull gave more choice on the weekend. On Saturday people went in many directions. Some did town walks, others returned to Mt Buffalo for the waterfalls, and two groups set off for the Falls Creek area. Peter's group explored the Langford Aqueduct and visited Wallaces Hut, and Mary H's group climbed Mt Jaithmathang (formerly Niggerhead – so named because from the west it looked so black) for views across to Mt Feathertop. Fallen snow added to the experience.



**Mt Jaithmathang - Leigh**

Sunday, the last day, again took people in different directions. Prue and David impressed us by ascending Mt Feathertop via Bungalow Spur (from Harrietville) – a climb of at least 1300 metres -whew! (They actually achieved more by continuing to a white cairn they then discovered to be a snowman.) Some stayed in town with visiting friends and family, others ventured to Mt Buffalo and Wallaces Hut. Mary H, with others, reminisced on her AAWT trek by climbing The Twins, near Mt Hotham.



**Mt Feathertop - Prue**

So you see, in spite of difficulties, a splendid range of walks was enjoyed by all. To top it off, even though Bright's Autumn Festival had officially ended the day before we arrived, the autumn colours in the valleys were still utterly glorious and a delight to us all.

Many thanks to Peter for a great week, and thanks also to David and Prue for their assistance.

## An Easy Wednesday Walk group on a recent cold morning

Photo by Laurie



## Contributing Articles

Suitable articles are always welcomed and photos make them better. It may not be possible to use all the photos. We will include the photographer's name in the newsletter, unless they ask us not to bother. If it is not your photo, you must have the photographer's permission to use it. Send your articles to [president@brindabellabushwalking.org.au](mailto:president@brindabellabushwalking.org.au)

An article may be edited to correct spelling errors and to suit the newsletter's style by restructuring, cutting to fit, and even re-writing sections if the editor believes that will better appeal to readers. The newsletters will also be placed on the Club's website.



# Great Ocean Road Walk to Fundraise for Diabetes



Diabetes is Australia's fastest growing health condition and there are currently 1.3 million Australians living with diabetes. Nationwide the number of people diagnosed is increasing by 7% yearly, with nearly 300 new diagnoses daily. In collaboration with Diabetes Queensland, our biggest community event is held each October, and this year will be in its fifth year. The purpose of the 'GORT' event is to raise vital funds for programs, support and crucial research for the many people living with diabetes. The inspiring group of participants who sign up to GORT train and fundraise for many months before embarking on the walk, which spans 100km over five days along Victoria's spectacular rugged coast.

If you are interested in participating in the event this year or in a future year, please go to the website at

<https://diabetesnsw.com.au/great-ocean-road-walk/>

and click the links to the Information Pack and Registration Form that appear mid-way down the page, just above the logo.

## BBC Website

All the newsletters, the Walks Program, Club information and necessary forms are on the Club's website.

[www.brindabellabushwalking.org.au](http://www.brindabellabushwalking.org.au)